

7 Ways to Make 2017 Your Bitch

- Cheatsheet -

01. RISE

- Raise your bar. High. Higher than you have in a while.
- Ask yourself: What do you have to do – daily, weekly and monthly – to match that intensity?
- Then **RISE** to meet your new barometer of excellence.

02. DREAM

- Bigger. Bolder. And more brazenly than you ever have before.
- Write it all down. Get a dream notebook – one for your day dreams and one for your night dreams. Carry your day dream notebook with you wherever you go.
- Then **DREAM** up (and write down in your notebook) concrete ways to materialize your dreams.

03. DO

- What do you need to do – daily, weekly, monthly – to manifest these desires?
- Who do you have to be to make shit happen? Write all your answers down.
- Find out what you need to do and then begin to **DO** it. You hold all the power.

04. EXPRESS

- You have opinions, ideas, and brilliance. Now more than ever, we need to read, hear and feel them. Make your voice heard.
- What is it that you need to say but maybe have been too afraid to voice?
- **EXPRESS** it. Give voice to it. But most importantly . . .

05. SHARE

- Give your story, experiences, and lessons to the world. We need them. i need them.
- Give away the very best of you to someone who could never afford it, but needs it the most.
- **SHARE** everything that makes you, you. Your failures, your successes, your love –and your anger.

06. MAGIC

- Believe in a magic – even when it feels like lady luck and babe blessing has passed you by.
- Invite magic in your life by noticing those moments of 'coincidence' those kismet moments of synchronicity.
- Always remember: YOU ARE **MAGIC**.

07. STAY WOKE

- Question everything and everyone – including me.
- Trust that your gut and intuition knows what's best for you. Follow it always.
- **STAY WOKE** to the bigger picture of yourself and the world by challenging other's (as well as your own) social and cultural ideas and conventions.