



HOW TO USE THE NEW MOON

TO FOSTER CREATIVITY

Collage by Brandi Amara Skyy

NEW MOON INTENTION CHEATSHEET

Recorded under a new moon in taurus
WATCH THE BTV EPISODE [HERE](#)

THE TOOLS

1. Your Birth Chart

Download your birth chart for free [HERE](#) (Astrodienst) or [HERE](#) (Chani Nicholas' free tool-Whole Sign Houses). You will need your time + place of birth and your birthday.

If you don't know your exact birth time (like some of my clients), i like to use 3:25pm because it's midday-ish and just feels good. Use whatever feels good *for you*.

*Side note: i like to use whole sign houses because that's the system i learned with, but feel free to chose your own. If you'd like to pick your house system using Astrodienst, please choose the **Extended Chart** option or click [HERE](#). Make sure you choose "Whole" from the dropdown menu under "Options for Zodiac & Houses.)*

2. Readings

i like to read about the new moon, the sign, and the house it's in from my favorite astrologers.

[Chani Nicholas](#)

[Dana Gerhardt](#)

Here is Dana's [sign book](#) i showed and mentioned in the video and her [Houses book](#). BOTH i highly recommend!! You can check out all her e-books [HERE](#).

[The Moon Journal](#) (The last time i went to Target they had this book in the gift section right by the cards. i got mine at Barnes and Noble.)

3. My New Moon Planner

While the new moon planner i created is out of print, i'm working with it this zodiac cycle to see how i can make my planner & guide accessible and useful *for you!*

If you want to be the first to know when i drop the new version of the planner, hop on my newsletter [HERE](#). (i also send tons of love, light, stories, and advice to help you create and heal 🖋️)

4. Tarot card that corresponds to the new moon

If you don't have an actual tarot deck, you can always google "zodiac tarot cards" to read & find out more about each sign's card.

One of my favorite books on both is, [Tarot And Astrology: Enhance Your Readings With The Wisdom Of The Zodiac](#).

GOOD THINGS TO KNOW + QUESTIONS TO ASK BEFORE SETTING YOUR NEW MOON INTENTIONS:

- Where does this new moon land in your chart?
- What are you currently working on?
- What themes, ideas, concepts are you exploring in your life?
- What is one *tiny* step you can take to physicalize what you've learned?
- i like to set 3 intentions to represent body/mind/soul. Do what feels best for you!

LOVE THIS CHEATSHEET?

i share tons of free resources, tools, videos, and tips on creativity, healing, and every day magic with mi gente via my newsletter. **Join the (r)evolution free, [HERE](#).**